

TOUCHDOWN FOR LIFE



# SUPER WELLNESS

## health fair

SUNDAY, JANUARY 30, 2005  
1 PM – 5 PM

GATEWAY MALL SHOPPING CENTER  
JACKSONVILLE, FLORIDA



IN CELEBRATION OF SUPER BOWL XXXIX  
JOIN NFL PLAYERS, LOCAL CELEBRITIES AND YOUR NEIGHBORS  
AS WE STRIVE TO CREATE A HEALTHIER COMMUNITY.  
HEALTH SCREENINGS, NFL GIVEAWAYS AND FAMILY FUN ACTIVITIES

SHANDS  
Jacksonville



BROUGHT TO YOU BY SHANDS JACKSONVILLE AND BAPTIST HEALTH

## **Health Fair Booths and Activities**

Below is a partial list of activities planned for the health fair. Stop by and take a step toward a healthy lifestyle.

**BIKE RODEO**  
**CANCER**  
**CARDIOVASCULAR**  
**CARE VAN**  
**CHILD SAFETY & INJURY PREVENTION**  
**CHOLESTEROL**  
**COMMUNITY SERVICES**  
**DIABETES**  
**DONNA RICHARDSON JOYNER (fitness expert)**  
**FIRE TRUCK DISPLAY**  
**HOME SAFETY**  
**HYPERTENSION**  
**NUTRITION & FITNESS**  
**ORAL HEALTH & DENTAL SERVICES**  
**SAFE HOUSE**  
**WOMEN'S HEALTH**

**DRIVING DIRECTIONS TO  
TOUCHDOWN FOR LIFE: SUPER WELLNESS HEALTH FAIR**

***From Downtown Jacksonville:***

Take I-95 N. to the GOLFAIR BLVD exit- EXIT 355

Merge onto GOLFAIR BLVD/FL-122 E

Turn LEFT onto BRENTWOOD AVE/FL-117

End at 5258-11 Norwood Ave Jacksonville, FL 32208-5026

***From Jacksonville International Airport:***

Take I-95 S toward JACKSONVILLE, exit SR-115/LEM TURNER RD exit- EXIT 356

Merge onto FL-117 S

End at 5258-11 Norwood Ave Jacksonville, FL 32208-5026

***From South of Jacksonville:***

Take I-95 N to the GOLFAIR BLVD exit- EXIT 355

Merge onto GOLFAIR BLVD/FL-122 E

Turn LEFT onto BRENTWOOD AVE/FL-117

End at 5258-11 Norwood Ave Jacksonville, FL 32208-5026

***From West of Jacksonville:***

Take I-10 E to I-95 N via the exit on the LEFT toward RIVERFRONT/INT'L AIRPORT/SPORTS COMPLEX

Go to GOLFAIR BLVD EXIT 355

Merge onto GOLFAIR BLVD/FL-122 E

Turn LEFT onto BRENTWOOD AVE/FL-117

End at 5258-11 Norwood Ave Jacksonville, FL 32208-5026