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News Release

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May is National Stroke Education Month *Baptist Medical Center South Hosts Educational Program on Stroke Risk Factors, Prevention and Treatment on May 22*

Jacksonville, Florida, May 8, 2006 – Baptist Medical Center South is pleased to announce an evening event highlighting Stroke Education. Presented by neurologist Gregory Sengstock, MD, and the Education Department at Baptist South, the program seeks to increase public awareness of stroke risk factors, prevention and treatment.

Stroke is the third leading cause of death and the leading cause of disability in the United States. Affecting nearly 750,000 people annually, stroke has a major impact on individuals, families, and the workforce. Stroke is considered to be preventable and treatable, provided the individual seeks treatment right away. Many of the factors that increase the risk of stroke can be changed or eliminated in order to lead a healthier lifestyle. Some of the risk factors include: smoking, high blood pressure, lack of regular exercise, stress and high cholesterol.

This event will be held on Monday, May 22, from 6-8 p.m. at Baptist Medical Center South in the Azalea Conference Room, which is just off the main entrance of the hospital. Refreshments and the welcome will begin at 6 p.m., followed by Dr. Sengstock's presentation from 6:30 to 7:15 p.m. Complimentary blood pressure screenings will be offered after the lecture. Registered nurses, a dietician, a speech therapist, and the rehab services coordinator will also be on hand to provide more information on stroke and stroke prevention.

Please RSVP to Sylvia Roberts by calling **821.6970** on or before May 19.

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Baptist Health is a faith-based, mission-driven system comprised of Baptist Medical Center Downtown, Baptist Heart Hospital, Baptist Medical Center Beaches, Baptist Medical Center Nassau; Baptist Medical Center South and Wolfson Children's Hospital - Jacksonville's only children's hospital. Baptist Health also includes cardiology and cardiovascular surgery services, a comprehensive cancer center, orthopaedic institute, women's resource center, a full range of psychology and psychiatry services, outpatient facilities and a network of primary care physicians' offices throughout Northeast Florida. Baptist Health is the official healthcare provider for the Jacksonville Jaguars.

For more information, visit www.e-baptisthealth.com