



Watch for
Wellness and You!
Menu Solutions...

...good food that tastes great
is your reason for
eating healthy!

Wellness entrees and salad recipes
were developed by our regional
and national chefs and dietitians.

Better By Design
has healthier cuisine...

Hours

Monday - Friday

6:30am-10:00am
11:00am-2:00pm
5:30pm-7:30pm

Saturday - Sunday

8:30am-10:00am
11:00am-1:30pm

Managers

Retail Manager

Alfred Lai x16094

Patient Services Manager

Tracey Michel x 16034

Chef

Executive Chef






Craig Robinson x 16031



Oasis Cafe Winter/Spring 2010

Week of Monday March 15

Monday

- Soup: Spring Vegetable 
Chicken Noodle 
Grill: Greek Gyro
Entree: Crab Cakes
Baked Penne with Chicken & Mushrooms 
Vegetable: Broccoli & Cauliflower  

Tuesday

- Soup: Chicken Gumbo
Tomato Basil Bisque
Grill: Buffalo Chicken Wrap
Entree: Roast Pork Loin with Maple Apple Mustard 
Vegetable: Baby Carrots 
Corn  

Wednesday

- Soup: Chicken & Dumpling
Spring Vegetable 
Entree: Beef Stroganoff
Chicken Breast with Pecan Dijon Sauce
Quesadilla with Chicken & Cheese
Vegetable: Broccoli Florets  

Thursday

- Soup: Tomato Basil Bisque
Thai Fire & Rice
Grill: Smokehouse Pulled Pork & Slaw Sandwich
Entree: Oriental Day
Vegetable: Broccoli Florets  
Baby Carrots 

Friday

- Soup: Chili Con Carne with Beans 
Spring Vegetable 
Entree: Fish & Chips
Baked Potato Bar
Vegetable: Broccoli Florets  
Corn  

Saturday

- Grill: Cheeseburger on Bun
Hamburger on Bun
Hot Dog on Bun
French Fries
Chefs Features: Chicken Tenders
Vegetable: Salad Bar

Sunday

- Grill: Cheeseburger on Bun
Hamburger on Bun
Hot Dog on Bun
French Fries
Chefs Features: Chicken Tenders
Vegetable: Salad Bar